

AVAILABLE DAILY

Bagel with butter, cream cheese or jelly 1.50 Milk (1%, whole, fat free, chocolate & strawberry) .35
 Yogurt 4 oz. Cup .60 100% Fruit Juice (4 oz.) .40 Ice cream (low fat) .60 Soup .75
 Peanut butter & Jelly, Soup or Chef Salad 1.50 Poland Spring Water 1.00 Fruit water 1.25,
 Pretzel rods .05, Baked chips .60, 100 Calorie cookies .60 Most snacks .60

Breakfast served from 9:05 to 9:20

BREAKFAST AVAILABLE DAILY:

NORTHSIDE

Breakfast served from

9:05 TO 9:20

Northside Special Snack:

Grades 1,2 & 5 Churros every Tuesday .75

Grades 3 & 4 Churros every Wednesday .75

WHEN AVAILABLE: Health Salad (lettuce, tomato vegetable) .70 Jello, Pudding, Raisin, or Celery & Carrot sticks .40
 Health Salad *with baked chicken* 1.50 *Lactaid milk available upon request*

HOT SERVED ON Mon. Tues. & Thurs.
 EITHER PANCAKES, EGGS OR WAFFLES

COLD SERVED ON Wed. & Fri.
 EITHER CEREAL OR BAGEL(also available daily)

Lunch Price \$1.50

Breakfast \$1.00

Questions or Suggestions as well as Cafeteria Employment Opportunities Available – call 752-6552



SEPTEMBER 2010

ENCOURAGE YOUR CHILD TO TAKE THE ENTIRE LUNCH BEING OFFERED.

[PREPAID LUNCH FORM](#)

[PREPAID BREAKFAST](#)

Note: Delivery and/or availability of food may require changes in menu.

Monday	Tuesday	Wednesday	Thursday	Friday
				
6 LABOR DAY SCHOOLS CLOSED	7 Chicken Nuggets Bologna sand. on wheat (Boars Head) -Includes- Steamed Green Beans Pears Milk (Variety)	8 Grilled Hamburger/Cheeseburger Grilled Chicken Caesar Salad -Includes- Corn Pineapple Milk (Variety)	9 ROSH HASHANAH SCHOOLS CLOSED	10 ROSH HASHANAH SCHOOLS CLOSED
13 BBQ Chicken Nuggets Ham sand. (Boars Head) -Includes- Mashed Potato Applesauce Milk (Variety)	14 Macaroni & Cheese Roasted Chicken sand. (Boars Head) -Includes- Chicken Noodle soup Strawberries Milk (Variety)	15 Beef Taco/Hard or Soft Turkey sand. (Boars Head) -Includes- Tossed Salad /Green Beans Mixed fruit Milk (Variety)	16 *BRUNCH FOR LUNCH* French Toast Sticks/Canadian Bacon Egg Salad Sand. -Includes- Potato Tots Oranges Milk (Variety)	17 Pizza stuffed crust/or Tuna fish sand. -Includes- Celery & carrots Cherries Milk (Variety)
20 Grilled Chicken Pattie/bun Bologna on Wheat (Boars Head) -Includes- Steamed Mixed Vegetables Peaches Milk (Variety)	21 Spaghetti/w meatballs Ham sand. (Boars Head) -Includes- Tossed Salad Oranges Milk (variety)	22 Hot Dogs/bun Greek Salad -Includes- French Fries Pears Milk (Variety)	23 Teriyaki Turkey Wrap Chicken Tenders -Includes- Chicken Rice soup Applesauce Milk (Variety)	24 Pizza stuffed whole wheat crust/or Tuna fish sand. -Includes- Tossed Salad Mixed fruit Milk (Variety)
27 Popcorn Chicken Turkey sand. (Boars Head) -Includes Mashed Potatoes Apples Milk (Variety)	28 Grilled Cheese Southwest Chicken Salad -Includes- Steamed Broccoli Jell-O Milk (Variety)	29 Pasta Primavera Hot Pockets -Includes- Corn Pears Milk (Variety)	30 Chili w/Brown Rice Chef Salad -Includes- Chicken Noodle soup Pudding choc. Or Van. Milk (Variety)	Class Party Order Form

HAVING A CLASS PARTY? PLEASE NOTE THAT HEALTHY CHOICES CAN BE PURCHASED FOR YOU CHILD'S PARTY THROUGH OUR KITCHEN – PLEASE CONTACT THE COOK 2 WEEKS AHEAD AND THEN YOUR CHILD CAN PICK IT UP IN THE KITCHEN ON HIS/HER BIRTHDAY