



Farmingdale Public Schools

The Farmingdale School District is an equal opportunity provider and employer.

ALBANY AVENUE



SEPTEMBER 2017



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Menu is subject to change due to delivery and/or availability of food.	Food Services Department: 516-434-5251 Maureen McCorkell Food Services Manager mmccorkell@farmingdaleschools.org	Available Daily: Whole Grain Bagel w/Cream Cheese/Butter & String Cheese, Peanut Butter & Jelly Sandwich, Cheese Sandwich		1 SUPERINTENDENT'S CONFERENCE DAY
4 LABOR DAY 	5 SUPERINTENDENT'S CONFERENCE DAY	6 Chicken Nuggets or Ham & Muenster Cheese on Wheat Roasted Zucchini Chicken Rice Soup Chilled Mixed Fruit Milk	7 *BRUNCH FOR LUNCH* Whole Grain French Toast Sticks w/Sausage or Turkey on Wheat Bread Baked Tater Tots Mixed Green Salad Fresh Orange Wedges Milk	8 Pizza with Whole Grain Crust or Egg Pattie on Wheat Bun Mozzarella Cheese & Tomato Salad Spinach Salad Fresh Apple Milk
11 Popcorn Chicken or Bologna on Whole Grain Bread Marinated Broccoli Salad Seasoned Chickpea Salad Chilled Pears Milk	12 Flamebroiled Burger on Whole Grain Bun or Honey Ham on Wheat Bread Baked French Fries Sautéed Green Beans Blueberries w/Whipped Topping Milk	13 "TODAY'S SPECIAL SNACK" Hot Pretzel \$.75 Whole Grain Rotini or Turkey & Muenster on Wheat Bread Steamed Carrots Tossed Garden Salad Chilled Peaches, Milk	14 BBQ Ribs on Whole Grain Bun or Roasted Chicken on Wheat Bread Steamed Corn Sweet Potato Bites Fresh Orange Milk	15 NY Style Stuffed Pizza or Tuna Salad on Whole Grain Bread Mixed Green Salad Cucumber Slices with Ranch Dip Chilled Applesauce Milk
18 Chicken Tenders or Ham & Swiss on Whole Grain Club Fresh Baby Carrots Tossed Spinach Salad Frozen Strawberry Cup Milk	19 Grilled Cheese on Wheat Bread or Turkey Club Hero Sautéed Broccoli & Cauliflower Mix Chicken Noodle Soup Chilled Peaches Milk	20 "TODAY'S SPECIAL SNACK" Hot Large Cookie \$.75 Turkey Tacos on Whole Grain Tortillas or Maple Chicken on Wheat Bread Black Bean Salad Tossed Salad Fresh Apple, Milk	21 ROSH HASHANAH SCHOOLS CLOSED 	22 ROSH HASHANAH SCHOOLS CLOSED
25 "MEATLESS MONDAY" Cheese Quesadilla or Baked Ziti Mixed Green Salad Sautéed Sliced Carrots Mixed Fruit Salad Milk	26 All Beef Hot Dog on Whole Grain Bun or Turkey & Swiss Hero Baked French Fries Vegetarian Beans Fresh Pear Milk	27 Macaroni & Cheese or Roasted Chicken on Wheat Bread Tossed Romaine Salad Steamed Peas Chilled Peaches Milk	28 *BRUNCH FOR LUNCH* Waffle Sticks w/Turkey Bacon or Diced Chicken Salad on Wheat Roll Hash Browns Tossed Green Salad Fresh Orange Wedges Milk	29 NY Style Stuffed Pizza or Egg Salad on Whole Grain Bread Tossed Romaine Salad Fresh Green & Red Peppers w/Dip Applesauce Cup Milk

Come join us for breakfast in the Cafeteria daily from 9:05 a.m. - 9:20 a.m.

Student breakfast is \$1.25

MONDAY: Assorted Muffins, Milk & Fresh Apple

TUESDAY: Eggs w/Biscuit, Juice & Milk

WEDNESDAY: Bagel w/Cream Cheese or Butter, Juice & Milk

THURSDAY: Assorted Cereal, Applesauce & Milk

FRIDAY: Cereal Breakfast Bar, Milk & Fresh Orange

Student Lunch Price - \$2.15

All meals consist of 5 components:

Meat or Vegetarian Alternative, Grain, Vegetable, Fruit and Low Fat or Fat Free Milk
 Students must choose a minimum of 3 (one must be a fruit or vegetable) out of 5 food offerings
 for the meal to be priced as a lunch but will be encouraged to choose all 5.

**Milk Options Available: Fat Free - White, Chocolate
 or 1 % Low Fat White**